



Manos Que Sobreviven 2022 Yearly Report

FOOD DISTRIBUTION

Individuals Receiving Food	31,749
Gross Weight Food	362,922 pounds
Dollar Value of Food	\$673,167

SOCIAL SERVICES

Inquiries for Housing, Vision, Dental, Legal	<u>236</u>
eyeglass referred	20
housing referred	17
dental referred	7

FAMILY EVENTS

Children's Day	Thanksgiving Give-Away
Community Wellness Fair	Holiday Celebration
Total Registered Households	978
<u>Thanksgiving Dinners Give-Aways</u>	<u>579</u>
TOTAL	1557

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2022 YEARLY REPORT

This report details the 2022 activities of **Manos Que Sobreviven (MQS)**, a 501 c (3) nonprofit based in Glassell Park, Los Angeles. It also provides historical references about MQS and additional information about the page one data.

FOOD DISTRIBUTION

Total Food Distributions	48
Total Individuals Receiving Food	31,749
Total Households Receiving Food	8,251
LARegional Foodbank Food Costs	\$673,167
Total Gross Weight	362,922 pounds
Average Number Volunteers per Event	25

Food distributions are held weekly on Wednesday mornings at *Irving Steam Magnet School* in Los Angeles. Occasionally they occur at other locations at the request of other organizations or in partnership with them.

In 2022 there were three off-site food distributions. They were held for other community organizations in Los Angeles and included *Unidos Por NELA*, *Fletcher Square Resource Fair*, and *East Hollywood (Children's Hospital)*.

The **LA Regional Foodbank** provides the bulk of food distributed in a formal partnership granted to MQS in October 2021. Among other requirements, the partnership requires that each food distribution record the names, addresses, and numbers of people in a household.

SOCIAL SERVICES

236 housing, vision, dental, and legal inquiries

20 eyeglass referred

17 housing referred

7 dental referred

As reflected in these numbers, social service inquiries and referrals are a part of MQS work program. The pandemic reduced contacts and inquiries but they began to pick up in 2022. The food distribution has also brought MQS into weekly contact with families who develop a comfort and familiarity with MQS and ask for information about social services. Historically, MQS helped families navigate the many agencies and complex processes needed to access services. These families are typically intimidated because of language, complexity, time constraints, or immigration status. MQS provides referrals for people with housing, dental, medical, eye glasses, and transit passes.

FAMILY EVENTS

MAY 21, 2022 — CHILDREN’S DAY EVENT

A annual celebration of children is an important event for Manos Que Sobreviven because it fits in perfectly with its mission. The 2022 celebration was at Cypress Park and Recreation Center and included a DJ who led children through musical games and activities, a large jumper, and a pinata smashing. Other activities included rings and bean bag tossing, miniature badminton, and games in booths sponsored by six local schools.

395 registered children

400 toys distributed

350 Happy Meals distributed

500 food boxes distributed

40 cheeseburgers for volunteers

45+ volunteers

6 local schools participated



OCTOBER 15, 2022 – COMMUNITY WELLNESS FAIR EVENT

Perhaps the most important measure of a successful wellness event is a wide-spread distribution of health information and services. The Fair included six different health providers, including **Children’s Hospital Los Angeles (CHLA)**, with the following health referrals or services provided:

Covid Shots
Asthma
Mental Health
Adolescent Anxiety

Therapy Dog
Smart Study (health survey)
Dental

Manos Que Sobreviven produced Health Fairs in 2018 and 2019. After providing volunteers at our food distributions and observing our 2022 Children’s Day Event, Children’s Hospital Los Angeles approached MQS about supporting our 2022 health fair and holding it on their campus. We accepted.



Attendance and Food Distributions

Food insecurity is cited in a recent Children’s Hospital Los Angeles Needs Assessment as important to a child’s health. Therefore a food distribution was included which also provided the best measurement of attendance. People who attended the Fair and did not collect food were not counted so attendance numbers reflect food distribution only. These include walk-ins and drive-throughs.

Attendance was also affected by the weather; cloudy and overcast with a steady rain during the first part of the event.

Total Individuals Receiving Food **1231**

Total Households Receiving Food **336**

13,045 pounds gross weight of fresh produce and dry food products were distributed.

140 households were walk-ups and 196 were drive-through

NOVEMBER 23, 2022 - THANKSGIVING DINNERS GIVE-AWAY



2697 Individuals received dinner

579 Households received dinners

Dinners included: turkeys, pork legs, hams, Kampachi fresh frozen fish, stuffing, pumpkin pies, potato mixes, canned vegetables
Also distributed: PPE supplies, masks, and covid tests

45 volunteers participated

DECEMBER 23, 2022 — HOLIDAY CELEBRATION

248 households 988 individuals

Our year-end holiday event is MQS' other big annual celebration for children and families. What started as a toy drive by 2020 evolved into a tradition of creating an outdoor pandemic safe Santa's Village with music, elves, and Santa. This year's 2022 Village was the most elaborate so far where toys, gifts and snacks were given to children along with a family food distribution.

Relocation of Santa's Village House Facades



We are currently looking for storage or ideas to relocate our Santa's Village, see our webpage for more info: ManosQS.com

ANNUAL BUDGET

Donations	\$45,346
Event Expenses	\$34,787
*Operational Expenses	\$10,599
	(2 printers, laptop, ofc supplies, canopies, sorting tables, equipment rentals, tables, food bags, etc)

BACKGROUND

A. MQS Mission and History

Manos Que Sobreviven seeks to help people who are less fortunate and anyone of low income, especially families with children who have special needs.

MQS became a nonprofit in April 2018 but its charitable efforts began in 2011 when an undocumented immigrant arrived safely in Los Angeles and found a housing and a job. He used his first paycheck to buy food and prepare meals to serve people on skid row. Eventually he got a job at a nonprofit that helped persons with HIV access services and discovered a vacuum for family service providers, especially those with special needs children. That was when MQS mission became focused and nonprofit status granted.

B. Annual Events

June:	Children's Day
Summer:	Health Fair (on hiatus for 2023)
November:	Thanksgiving Dinner Give-away
December:	Year-end Holiday Santa's Village
Other events:	Resource Fairs, Comm Improvement Projects (MQS participates but does not produce event)

C. Food Distribution Numbers by Years

2021 Total Individuals Receiving Food	22,326
Total Households Receiving Food	6,126
2020 Total Individuals Receiving Food	18,704
Total Households Receiving Food	4,669
<i>distributions began August 2020</i>	

RECOGNITION AND GRATITUDE

Manos Que Sobreviven was founded on an appreciation of the importance of gratitude, and that gratitude can be practiced by charity and giving back. Giving back is not the only way to express gratitude but it is the reason for MQS existence.

To this end we want to recognize and express our gratitude to the supporters, partners, and participants of MQS activities in 2022. Without them we are could not fulfill our mission and our work program. Plus they help create a pleasant and wonderful atmosphere to work in.

We sincerely thank and respectfully recognize the following groups and organizations for helping us in 2022:

LA City Council District 1	Open Arms Community Health Center
LA City Council District 13	Vision y Compromiso
Office of Mayor Eric Garcetti	Alliance Tennenbaum
LA Regional Foodbank	Alliance ESAT
Rainbow Sandals	Washington Irving STEAM Magnet
Glassell Park Neighborhood Council	ISANA Academy,
Cypress Park Neighborhood Council	Fletcher Drive Elementary
Silver Lake Neighborhood Council	Marshall High School
East Hollywood Neighborhood Council??	Para Los Ninos
Children's Hospital Los Angeles	East College Prep
Unidos por Nela	Lockwood Ave Elementary
Cal Dental USA	East LA Women's Center

FUTURE PROJECTS

Pay y Leche: (Bread and Milk) is a proposal in a collaboration with local supermarkets and schools to provide food vouchers for basic food supplies in order to help children improve their academic performance. By addressing food insecurity at home it is hoped that school performance will also be improved. *Manos Que Sobreviven* is researching funding sources to begin a pilot program.

Food Distribution Expansion: inspired by a request from an LA School District administrator to provide food distribution at other schools, MQS proposes to use its successful model at Irving Middle School to expand food distribution to other schools. In order to implement this proposal funding is necessary to enable MQS to transition from volunteer administrators into an organization with paid staff.